

**WESTERN DANCE INSTRUCTOR**

**P.S. Shiva Sindhu,**  
Twisters Arts and Dance  
Academy ,Thoothukudi

**Course Duration**

**30 Hours**  
**2 Hours/Day**

**Who can join?**

**Freshers of Undergraduate  
Programmes**

*For Further Details  
Contact Staff in-charge*

**Ms.X.Amala Steffi**  
*Assistant Professor of English*

*PG & Research Department of English  
St.Mary's College(Autonomous)  
Thoothukudi ,TamilNadu.*

**CONTACT**  
**9944062987**

**Mission**

To create dance to be enjoyed with  
rhythm to make them improvise  
their talent and dancing skills in the  
field of fine arts

**Objectives:**

- To enhance the dancing  
skills
- To have a better  
understanding about  
dancing
- To dance with soulful beat

**Syllabus**

- Unit I  
Basic and various types of  
western dance
- Unit II  
Popping Dance style
- Unit III  
Break and Urban types of  
Dance
- Unit IV  
Contemporary ballet
- Unit V  
Dance Forms of India

**St.Mary's College(Autonomous),**



**Thoothukudi**

**Certificate  
Course**



**WESTERN  
DANCE**

## **Report of the Certificate Course 2022-2022**

### **Western Dance**

Western Dance was offered as a Certificate Course by the college from **September 2022 - October 2022** to the first year undergraduate students. Ms. P. S. Shiva Sindhu, Twisters Arts and Dance Academy, Thoothukudi was the instructor of Western Dance and Ms. X. Amala Steffi, Assistant Professor, P.G. and Research Department of English was the staff in-charge. The course was held after the regular college hours from 2 p.m. to 4 p.m. The students were made to appear for practical test at the end of the programme and were issued certificates with Grade levels according to their performance and percentage of attendance. A total of 13 students participated and benefitted through this course.

**St. Mary's College (Autonomous), Thoothukudi**

**Certificate Course**

**First Year**

**Course Title : Western Dance**

**Year : 2022 - 2023**

**Course Instructor : P. S. Shiva Sindhu, Twisters Arts and Dance Academy, Thoothukudi**

**Staff-in-charge : Ms. X. Amala Steffi, Assistant Professor of English**

<b>S. No.</b>	<b>Date</b>
1	01.09.2022
2	02.09.2022
3	05.09.2022
4	06.09.2022
5	07.09.2022
6	08.09.2022
7	09.09.2022
8	12.09.2022
9	13.09.2022
10	14.09.2022
11	16.09.2022
12	06.10.2022
13	07.10.2022
14	10.10.2022
15	11.10.2022



2022 - 2023

SEPTEMBER 8 OCTOBER

ST. MARY'S COLLEGE

REGISTER OF ATTENDANCE

WESTERN DANCE

S. No.	Name of Pupils	1	2	3	4	5	6	7	8	9	10
<b>Chemistry</b>											
1.	Deva Anu. P	x	x	x	x	x	x	x	x	x	x
2.	Muthumani. M	x	x	x	x	x	x	x	x	x	x
<b>Commerce</b>											
3.	Preethi. G	x	x	x	x	x	x	x	x	x	x
4.	Nancy Vithula Fred. V	x	x	x	x	x	x	x	x	x	x
<b>Economics</b>											
5.	Seljin Giruffi. T	x	x	x	x	a	x	x	x	x	x
6.	Showkia. E	x	x	a	a	x	x	x	x	a	a
7.	Prasika. S	x	x	x	a	x	a	a	x	x	x
8.	Archana. M	x	x	x	x	x	x	x	x	x	x
9.	Kalpana. M	x	x	x	x	x	x	x	x	x	a
<b>Mathematics</b>											
10.	Joy seeli. J	x	x	x	x	x	x	x	x	x	x
11.	Parvata Gayathri. J	x	x	x	x	x	x	x	x	x	x
12.	Vino. Sobin. V	x	x	x	x	x	x	x	x	x	x
<b>Zoology</b>											
13.	Subittin. Kiruba. P	x	x	x	x	x	x	x	x	x	x
	Signature of the Instructor	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	Signature of the Staff-in-charge	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	Name of the Staff-in-charge - Ms. X. Amala Staff										
	Name of the Instructor : P.S. Shiva Sindhu										

(Autonomous) THOO  
FOR THE MONTH

11	12	13	14	15	16	17	18	19	20
	x	a	a	x	x				
	x	a	a	a	x				
	x	x	P	x	x				
	x	x	P	x	x				
	x	x	x	x	x				
	x	x	x	x	x				
	x	a	x	x	x				
	a	x	x	x	x				
	x	a	a	x	x				
	x	x	x	x	x				
	x	x	x	x	x				
	x	x	x	x	x				
	x	x	x	x	x				
	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>				
	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>				

## GRADE SHEET

Course Title : Western Dance

Year : 2022 - 2023

Instructor : P. S. Shiva Sindhu

Staff-in-charge: Ms. X. Amala Steffi, Assistant Professor of English.

S. No.	Names	Department	Grade
1	Deva Anu. P	Chemistry	A
2	Muthumari. M	Chemistry	A
3	Preethi. G	Commerce	A
4	Nancy Vithula Fred. V	Commerce	A
5	Seljin Giruffi. T	Economics	A
6	Snowbia. E	Economics	A
7	Prasika. S	Economics	A
8	Archana. M	Economics	A
9	Kalpana. M	Economics	A
10	Joyseeli. J	Mathematics	A
11	Pavala Gayathri. J	Mathematics	A
12	Vino Cabrin. V	Mathematics	A
13	Subitlin Kiruba. P	Zoology	A

X. Amala Steffi

Signature of the Staff in-charge

Signature of the Principal  
18/10/2022

**ST. MARY'S COLLEGE (AUTONOMOUS), THOOTHUKUDI**  
(Re-accredited with 'A+' Grade by NAAC)

**CERTIFICATE COURSE**

**CERTIFICATE**



This is to certify that Ms. G. PREETHI of I B. COM

has actively participated and successfully completed a course on WESTERN DANCE

\_\_\_\_\_ conducted during the academic year

2022 - 2023 with A Grade.

  
Instructor

  
Principal  
St. Mary's College (Autonomous)  
Thoothukudi - 628 001